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The Art of Purring

By David Michie

Hay House UK Ltd. Paperback. Book Condition: new. BRAND NEW, The Art of Purring, David Michie, The Dalai Lama's cat is back - older, a bit wiser and as curious as ever. "What makes you purr? Of all the questions in the world, this is the most important. Because no matter whether you are a playful kitten or sedentary senior, whether you're a scrawny alley Tom, or sleek-coated uptown girl, whatever your circumstances you just want to be happy. Not the kind of happy that comes and goes like a can of flaked tuna, but an enduring happiness. The deep down happiness that makes you purr from the heart." In this book, the Dalai Lama sets for his lovable feline companion the task of investigating The Art of Purring. Whether it's the humorous insights gained from a visiting Ivy League Psychology Professor, the extraordinary research of a world-famous biologist, or the life-changing revelations of a mystical yogi, His Holiness' Cat encounters a wealth of wisdom about happiness. And what she discovers changes the way she sees herself forever. With a much loved - and growing - cast of characters from the local community and His Holiness' residence, as well as encounters...



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Reviews

This composed ebook is wonderful. It really is written in basic words rather than hard to understand. You may like the way the writer composes this pdf.

-- **Ryder Nolan**

This book can be well worth a go through, and a lot better than other. It is written in simple words and phrases and not confusing. It's been printed in an exceptionally simple way in fact it is merely right after I finished reading through this pdf by which basically changed me, modified the way I think.

-- **Margot Carter V**