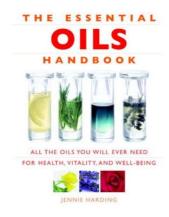
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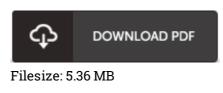
# THE ESSENTIAL OILS HANDBOOK: ALL THE OILS YOU WILL EVER NEED FOR HEALTH, VITALITY AND WELL-BEING



DUNCAN BAIRD, United States, 2008. Paperback. Book Condition: New. 135 x 104 mm. Language: English . Brand New Book. Whether through massage, a hot aromatherapy bath or a cooling compress, essential oils can bring life-enhancing benefits to everyone. In this stunning addition to the Essential Handbook series we learn how to incorporate them into our lives. The first section of The Essential Oils Handbook describes how the oils are extracted from plants, evocatively explains how they have been used traditionally...

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- Authored by Jennie Harding
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