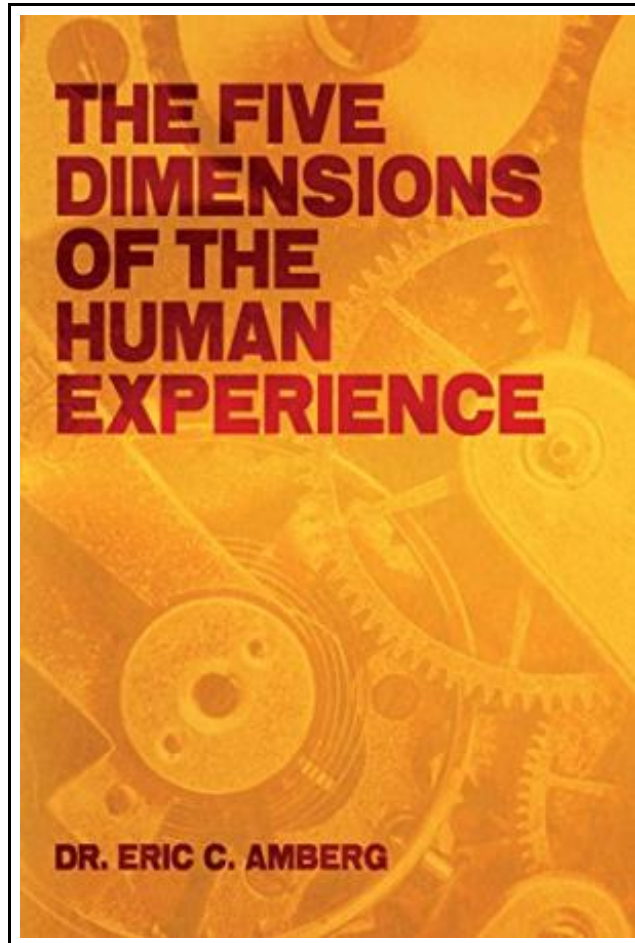


The Five Dimensions of the Human Experience



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THE FIVE DIMENSIONS OF THE HUMAN EXPERIENCE



Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Dr. Eric C. Amberg introduces a new way of looking at the human condition that will radically change how readers think about well-being and will enable them to better present themselves, challenge labels, and achieve a higher level of self-realization. The Five Dimensions of the Human Experience is a nonfiction presentation about the nature of who we are, how we function, and how we grow as human beings, centered on five key components that overlap and interact to shape the human experience for every living person-the biological, mental, genetic, educational, and energetic/spiritual dimensions of being. Using research from the fields of psychology, medicine, genetics, physics, and spirituality, and supporting his propositions with practical applications and real world results gleaned over the course of his career, Amberg delivers innovative insights on the concepts of life, power, individual evolution, personal giftedness, and our place within the psychosocial sphere. Written with every reader in mind and accessible to professionals and laypersons alike, The Five Dimensions of the Human Experience extends an outstretched hand to anyone who wants to embrace the human condition and improve their quality of life. Dr. Eric C. Amberg began his career as a fifth grade teacher in New York City, and later moved into the mental health industry, where he has worked as an instructor and clinician for approximately thirty years. He is currently working to develop an integrative program using a five-dimensional approach to treat veterans with diagnoses such as posttraumatic stress disorder, Gulf War illness, traumatic brain injury, and chronic pain. Kirkus Book Review: A schematic new analysis of the human condition. Basing his nonfiction debut on extensive experience in the mental health industry-dealing with,...



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